



Happiness: Here And Now

Talks by Swami Siddhananda

Swami Siddhananda, after completing his Masters in English Literature studied Vedanta under Swami Chinmayananda and Swami Dayananda in Sandeepani Sadhanalaya, Mumbai.

After an extended period of solitary contemplation, he emerged to begin his mission as an outstanding teacher of Vedanta. Swamiji travels the world tirelessly imparting the knowledge of the Self. The Foundation for Self-Knowledge was established by Swamiji in Chennai in 1983 with the aim of helping people live a better and more fulfilling life.

Listen to Swami Siddhananda unfold the essence of Vedanta and discover our true nature - Happiness -

Free Public Discourses
October 8-11, 7:30 pm to 9:00 pm

"If there is a distance between where you are and where you should be then there are thousands of ways of reaching there. If you are in India and you wish to reach Europe, you may walk, cycle, drive, sail, ride or fly. But if you want to reach India, standing all the time on Indian soil then you must know that, in reality, there is no 'reaching' as the place is already reached.

There is no distance between where you 'are' and where you 'want' to be. Yet, because of not knowing that I am at the destination, there seems to be a distance. That ignorance which creates the apparent distance can go only with the knowledge that I am already on the spot."

Swami Siddhananda

TOPIC: HAPPINESS: Here and Now

VENUE

DATES

Homebush Boys High School
Bridge Road,
Homebush 2140
(Please be seated by 7.20 PM)

Mon - Wed,	8th - 10th Oct. '07	7:30 pm to 9 pm
Thursday,	11th Oct. '07	7:00 pm to 9 pm (Q & A Session)
Sat & Sun	13th - 14th Oct. '07	Meditation Retreat by Registration

For further details, contributions and voluntary efforts, please contact:
Sushma Sawhney: 02 9715 5958
Prabha Ravindranath: 02 9624 3332
Shashi Sawhney: 0439 024 645
shashi2u@gmail.com



Siddhananda Foundation
For Self - Knowledge
www.self-knowledge.in

For Meditation Retreat Registration, please contact:

Cheenu Srinivasan
Phone: 0419 828 191
Email: cheenu.blueocean@gmail.com